



Rhythmic Xpress – Individual Apparatus – SILVER

Corresponds to Special Olympics Levels C & 1

List the Body Skills & Apparatus Handling separately in the appropriate boxes. List skills in the order they occur in the routine. It is the coach's discretion which skills in the routine are chosen to receive credit.

ATHLETE NAME			Apparatus:	
BODY SKILLS (List 3)	HANDLING (List 3)	VALUE	FAULTS	SCORE
1.		1.0		
2.		1.0		
3.		1.0		
4.		1.0		
5.		1.0		
6.		1.0		
XPRESS CATEGORIES				
Performance with expression		2.0		
Crowd appeal		1.0		
Overall Impression		1.0		
FINAL SCORE:		10.0		

Judge's Signature _____