



## Rhythmic Xpress – Individual Apparatus – PLATINUM

Corresponds to Special Olympics Level 4

List the Body Skills with Apparatus Handling in the appropriate boxes. Each Body Skill must have a Handling. List skills in the order they occur in the routine. It is at the coach's discretion which skills in the routine are chosen to receive credit.

ATHLETE NAME			Apparatus:	
BODY SKILL LIST	HANDLING	VALUE	FAULTS	SCORE
1.		1.0		
2.		1.0		
3.		1.0		
4.		1.0		
5.		1.0		
6.		1.0		
<b>XPRESS CATEGORIES</b>				
General Body Execution & Apparatus Handling		1.0		
Performance with expression		1.0		
Choreography	Use of levels Use of floor space Integrate apparatus	1.0		
Overall Impression	Musicality Mastery Crowd Appeal	1.0		
<b>FINAL SCORE</b>		<b>10.0</b>		

Judge's Signature \_\_\_\_\_