



REGIONAL CHAMPIONSHIPS 2022
LEVELS 6-8 and Advanced & FIG Groups
April 23– 24, 2022

- Meet Director:** Suzi DiTullio 978-793-1935
Region 4 Chair region4rhythmics@gmail.com
- Facility Site:** Lake Placid Olympic Center
2634 Main Street, Lake Placid, NY 12946
- Athlete Eligibility:** All participating gymnasts must have a current USA Gymnastics athlete membership according to Rules and Regulations. Per 2022 RPC minutes participation in a state meet is not required to advance to Regionals 2022.
- Entry Fees:** Levels 6-8 -\$165/athlete Groups \$60 – per athlete (2 events)
(Entry fee includes one user fee per athlete)
One check per team payable to:
USA Gymnastics R4 – Rhythmic Program
PO Box 454, Stow MA 01775
- Athlete Registration Deadline:** Opens: February 1, 2022
Closes: March 27, 2022
Payments must be received no later than March 27st.
Late entries will not be accepted.
- Coaches Registration:** Only coaches registered through USA Gymnastics reservation system will be allowed to enter the competition venue.
- Music Upload Deadline:** Opens: March 3nd. via KSIS system using MP3 format only, Label your files.
Closes: March 30th
Coaches are responsible to check their Music and to have back up Music available during competition.
- D form Upload Deadline:** Opens: March 3nd via KSIS system only after registration has closed and payment received.
Closes: April 1st
- Awards:** Awards presented in accordance with the current USA Gymnastics Rules and Policies.

Covid-19 Protocol: [USA Gymnastics regulations and protocols \(pdf\)](#) will be updated.

Warm Area Regulations: NO food or drink other than WATER is permitted in the warm-up area
NO chairs should be placed on the carpets
Coaches are responsible to inform parents that NO parents are allowed in the warm-up and per USA Gymnastics Rules and Policies Section 3.C.7, any parent who is disruptive to the flow of the competition and/or in violation of the principles set for USA Gymnastics members in the Code of Ethical Conduct may be removed from the competition venue by security.

Venue Regulations: [WAIVERFORMS- MANDATORY FOR ALL COACHES & ATHLETES](#)
The Olympic Regional Development Authority requires certain waiver forms to be completed. Additional information will be provided later.

Group Rate Accommodations: [Best Western Adirondack Inn](#)
2625 Main Street, Lake Placid, NY 12946. Tel. (518) 523-2424
Rates: \$158 Double and \$208 King
Arrival 4/22/22 and Departing 4/24/22
Cutoff date: 4/1/22 (after this date rooms subject to availability)

Other Accommodations: [Crown Plaza](#)
101 Olympic Drive, Lake Placid, NY 12946 Tel. (518) 523-2556

[Courtyard Marriot](#)
5920 Cascade Road, Lake Placid, NY 12946 Tel. (518) 523-2900

[Best Western Saranac Lake](#)
487 Lake Flower Avenue, Saranac Lake, NY 12983 Tel. (518) 891-1971

Additional Accommodation information: <https://lakeplacidlegacysites.com/about-us/lodging/>

Questions: Please contact me with any questions considering this event. We will try our best to accommodate all athletes.